



Bringing Our  
Faith to Life

ST. MICHAEL  
IN OLD TOWN  
*A Redemptorist Catholic Parish*

# Our Parish Life



1633 N. Cleveland Ave • Chicago, IL 60614 • 312.642.2498 • [www.st-mikes.org](http://www.st-mikes.org)



## Pentecost Sunday June 4, 2017

Jesus Christ appears to the disciples and sends them on their mission with the power to forgive or retain sins through the Holy Spirit (John 20:19-23).

Dear Parishioners,

Pentecost is here! The article I am sharing from Fr. Ron Rolheiser this week is titled “*Praying for Pentecost*” and it highlights the reality that Pentecost is not an isolated event.

*Every generation needs to experience Pentecost for itself. It needs God’s spirit and it needs it in its own particular way. Indeed scripture assures us that the Holy Spirit is not a generic force, one-size-fits-all, but a person, a relationship, a spirit that has “particular manifestations” and gives itself to each of us uniquely so that the understanding and strength that we receive are geared to help us in our own particular struggles. If this is true, if Pentecost is so differentiating, an important question arises: where in life today do we most need the Holy Spirit to transform us? What are our peculiar spiritual disabilities?*

*Our unique weaknesses, like our strengths, are legion. However, for our generation, a number of things might be singled out as particularly debilitating to the soul: our propensity for distraction, our tendency to see individual fulfillment as salvation, our proclivity for ideology and fundamentalism, and our obsession with sexuality. We could use a particular infusion from the holy spirit to help us with these.*

*For example: distraction is perhaps the most powerful narcotic on the planet. Simply put, what this means is that our daily communion, the manna that sustains us, is distraction—television, game-shows, sporting-events, sit-coms, talk-shows, entertainment-news, scandals reported in the daily papers, pop music, movies, theatre, and the like. Not that these are bad. What’s bad is that they eventually anesthetize us: we watch the late-night comedians on TV, scotch in hand, laugh as they spoof the day’s events, let the tensions of the day subside, and sleep pretty well. Not bad, not bad at all, except we do it again the next night and the night after and onwards ever after, slowly numbing ourselves to the deeper issues of meaning, pain, justice, self-sacrifice, love, death.*

## This Week at St. Michael

For more information or to participate in any of the activities listed below, please call the Parish Office at (312) 642-2498.

### Sunday, June 4

- 9:00 a.m. Mass
- 11:00 a.m. Mass
- 10:00 a.m. Tour
- 1:00 p.m. Baptism Service
- 2:00 p.m. Wing Out
- 6:00 p.m. Mass

### Monday, June 5

- 8:00 a.m. Mass
- 12:00 p.m. Mass

### Tuesday, June 6

- 8:00 a.m. Mass with Our Mother of Perpetual Help Devotion
- 12:00 p.m. Mass with Our Mother of Perpetual Help Devotion
- 8:00 p.m. AA Meeting

### Wednesday, June 7

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 6:00 p.m. AA (Women Only)

### Thursday, June 8

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 7:00 p.m. Rosary

### Friday, June 9

- 8:00 a.m. Mass
- 12:00 p.m. Mass
- 8:00 p.m. AA Meeting

### Saturday, June 10

- 8:00 a.m. Mass
- 8:30 a.m. Weightwatchers
- 4:15 p.m. Confession
- 5:00 p.m. Mass

### Sunday, June 11

- 9:00 a.m. Mass
- 11:00 a.m. Mass
- 10:00 a.m. Tour
- 6:00 p.m. Mass

## Pastor's Notes

### **What Pentecost needs to pour into us today is the spirit of resiliency.**

*For our own Pentecost, we need then to pray for the spirit of wisdom, the spirit of depth, the spirit of courage, and (given the over-sophistication of so much of today's entertainment) the spirit of chastity.*

*Beyond distraction lies another struggle. Aidan Kavanaugh once said: "Today our icon is not a city, whether of man or God, but the lone jogger running through suburbia, in order, we are told, to feel good about himself." We struggle today with individualism and the problem is not just with the obvious, the all too-common breakdown of our families, neighborhoods, parishes, and communities, the "bowling-alone" syndrome. The deeper struggle is with what Dorothy Day used to call "the harshness of love." What we can't deal with is the painful give-and-take of ordinary community, the habitual slights and hurts that arise in every marriage, family, community, parish, and civil group. We can't interrelate without hurting each other. So we withdraw, jog and bowl alone, not out of an ideology of individualism, but because we haven't the resiliency needed to deal with the bruises and disappointments that come with bowling and jogging in a group.*

*What Pentecost needs to pour into us today is the spirit of resiliency, the spirit of forgiveness, the spirit of patience, the spirit of long-suffering, the spirit of understanding, and the spirit to not go jogging or bowling alone.*

*We need too a Pentecost that can help us cope with the ideologies and fundamentalism (social and ecclesial) that constantly beset us like so many nasty viruses. We are forever infected with ideologies, be they of the left or the right, that block us from living vital parts of the gospel. Whether we rationalize it as protecting proper values, defending a divine creed, or advocating an issue of justice, over and over again we compromise the hospitality, charity, respect, catholicity, and tolerance called for by the gospels, all in the name of sacred cause. Our hearts, unlike God's, are forever wanting to lodge in just one room. We need a Pentecost to mellow us with the spirit of mildness, stretch us with the spirit of catholicity, and especially fill us with the spirit of hospitality so as to take us beyond the hardness that we rationalize as creed or cause.*

*Finally, we need a Pentecost to help us deal with our sexuality. In a world in which sexual intimacy is held up as salvation, we have lost the proper balance between what our sexuality's DNA seems to demand and the place that marriage, family, friendship, fidelity, inclusive community, and innocence hold in the overall schema for meaning and happiness. We need new tongues of fire to bring us the spirit of chastity, the spirit of full respect, the spirit of fidelity, and the spirit for emotional martyrdom, so that, even as we defend the goodness of sexuality, we are able too, on any given night, to sweat blood in a garden so as to not violate the bigger picture.*

*1 Corinthians 12:7 suggests that Pentecost is "the particular manifestation of the spirit, granted to each of us." We need to pray for such a particularized pentecost to happen. —In Exile 06/04/17*

Last week the community had the opportunity to say a special prayer of thanksgiving and offer a blessing to Ray Perpignani for his years of service as the Sacristan at St. Michael's. Ray, who I like to respectfully refer to as **Mr. St. Michael's**, has decided it is time for him to settle into the pews as a regular parishioner. He has certainly been the person everyone turns to if they have a question about anything going on in the church. His dedication has been outstanding; certainly unparalleled for almost 40

## Pastor's Notes

## Community Events

years. I want to offer him an extra word of thanks for all he has done.  
**Thank you Ray!**

As Ray steps out of the sacristy, we are presented with a significant challenge in the proper celebration of the Liturgy here at St. Michael's. The ministry of Sacristan is critically important for making sure everything is in place to begin the celebration and making sure all is put back in order afterwards. There are various duties for the sacristan through the course of the celebration too. I have had a couple of people express an interest in helping yet not taking complete responsibility. I am wondering if there might be any other parishioners who would consider helping in the sacristy. If you would be interested, please give me a call at the rectory.

The only thing that doesn't change is that there will be change. Toni Dunning, our office manager has decided it is a time for change, too. Toni serves the parish in many ways. She has not only taken on the responsibilities of being a dedicated staff member but she has continued to show her love for the community here at St. Michael's as a faith-filled parishioner by sharing her time and talent as a volunteer. Her time in the office ends effective Monday, June 5. She assures me that her time as a parishioner will certainly continue.

Toni deserves our thanks for all she has done as a member of the staff. She has been the person to see if there are any questions regarding the bulletin, parish calendar, the parish website, computer technology and major parish events such as WINGOUT, the 5K Run, the Gala (*aka. The Harvest Moon Party September 29 this year*) and Breakfast with Santa. She has taken responsibility for tasks that may not be noticed by most people. She helped me a great deal as I began my ministry as pastor and she has been a person I have been able to count on every day ever since. I know I am not the only one. The words "thank you" seem a bit inadequate yet they are a good beginning. And so Toni, thank you for all you have done to support, enhance and energize the administration of St. Michael in Old Town. All the best to you as you transi-



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### Save the Dates!!!

Please join us on June 11, 2017 at Noon in the Parish Center to discuss the planning of the Harvest Moon Party. All are welcome!

**AND...**

Harvest Moon Party  
September 29, 2017  
Galleria Marchetti

This is a fun evening with silent and live auctions, dinner and dancing!



### Summer Camp at St. Mike's Special Promo for Parishioners and Neighbors!

**CORE4 Challenge Summer Camp – 8 weeks available – Flexible Schedule! June 12<sup>th</sup> – August 11<sup>th</sup> – at St. Mike's Parish Center**

Boys and girls (ages 8 - 14) have tons of fun in this hands-on, engaging summer day camp. They participate in a Master Chef cook off, a Shark Tank Challenge, Ninja Warrior workouts and much more, while learning how to make healthy meals, (at our Partner, Whole Foods) executive functioning skills, financial savviness, communication skills and more, in a fun, safe and nurturing environment. These are skills that build confidence in kids by empowering them to make healthy choices! Games, activities, field trips and team challenges are all part of the interactive camp experience. Lunch and field trips included. Runs Monday – Friday, 9:00am – 3:00pm, June 12<sup>th</sup> – August 11<sup>th</sup>, flexible schedule – no minimums - at 1711 N. Cleveland (St. Michael's Parish Center). For more information or to register go to [www.core4skills.com](http://www.core4skills.com), or call 773-231-7414. Special discount for St. Mike's families. Save



### Catholic Charities Senior Services

Do you have family members, friends, neighbors who are seniors? Have you heard about

Catholic Charities Senior

Services? They are dedicated to providing services to older adults offering services such as case management, home care, adult day services, congregate and home delivered meals, senior employment programs, senior centers, caregiver programs, hospital transition services, and many other things. Contact Catholic Charities Senior Services at 312-655-7000, go online to [www.catholiccharities.net/services](http://www.catholiccharities.net/services), call

## Saint of the Day and Mass Intention

Sunday, June 4

*St. Francis Caracciolo*

9:00 a.m. † Thomas and Patricia Trimarco  
11:00 a.m. † Josephine and Corwin Clickener  
6:00 p.m. † Marge McCarthy

Monday, June 5

*St. Boniface*

8:00 a.m. † Francesca Campione  
12:00 p.m. Mother's Mass League

Tuesday, June 6

*St. Norbert*

8:00 a.m. † Sr. Rita Black  
12:00 p.m. St. Michael's Foundation

Wednesday, June 7

*St. Robert of Newminster*

8:00 a.m. † John and Marie Reiff  
12:00 p.m. † William and Angela O'Connell

Thursday, June 8

*Sts. Medard and Gildard*

8:00 a.m. † Delia Evans  
12:00 p.m. Father's Mass League

Friday, June 9

*St. Columkille*

8:00 a.m. † Thomas W. Miller  
12:00 p.m. † Virginia Barlow

Saturday, June 10

*St. Margaret of Scotland*

8:00 a.m. † Francesca Campione  
5:00 p.m. Helen and Joe Jaccarino (Anniv)

Sunday, June 11

*St. Barnabas, Apostle*

9:00 a.m. † The Leiting Family  
11:00 a.m. † Mitchell Cass  
6:00 p.m. Parishioner of St. Michael's

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### This Week's Readings

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Monday: Tb 1:3; 2:1a-8; Ps 112:1b-2, 3b-6; Mk 12:1-12

Tuesday: Tb 2:9-14; Ps 112:1-2, 7-9; Mk 12:13-17

Wednesday: Tb 3:1-11a, 16-17a; Ps 25:2-5ab, 6, 7bc-9; Mk 12:18-27

Thursday: Tb 6:10-11; 7:1bcde, 9-17; 8:4-9a; Ps 128:1-5; Mk 12:28-34

Friday: Tb 11:5-17; Ps 146:1b-2, 6c-10; Mk 12:35-37

Saturday: Tb 12:1, 5-15, 20; Tb 13:2,

## Ministry Schedule

Date	Celebrant	Homilist		
<b>Monday, June 12</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Lawson	Fr. Morin Fr. Lawson		
<b>Tuesday, June 13</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Lawson	Fr. Morin Fr. Lawson		
<b>Wednesday, June 14</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Lawson	Fr. Morin Fr. Lawson		
<b>Thursday, June 15</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Keena	Fr. Morin Fr. Keena		
<b>Friday, June 16</b> 8:00 a.m. Mass 12:00 p.m. Mass	Fr. Morin Fr. Keena	Fr. Morin Fr. Keena		
<b>Saturday, June 17</b> 8:00 a.m. Mass 1:00 p.m. Wedding 3:00 p.m. Wedding 4:15 p.m. Confessions	Fr. Keena Fr. Lawson Fr. Lawson Fr. Dompke	Fr. Keena Fr. Lawson Fr. Lawson Fr. Dompke		
Date	Celebrant	Homilist	Lectors/ Servers	Eucharistic Ministers
<b>Saturday, June 17</b> 5:00 p.m. Mass	Fr. Morin	Fr. Morin	S. Keenan B. Young	C. Jaccarino* M. McGowan R. Perpignani K. Rabun
<b>Sunday, June 18</b> 9:00 a.m. Mass	Fr. Dompke	Fr. Dompke	W. Karas	J. Cheng* P. Cassidy V. Rose L. Schreiber
11:00 a.m. Mass	Fr. Dompke	Fr. Dompke	C. Donnellan A. Vancheri	K. McOsker* P. Clickener D. Kelley J. Rokop
6:00 p.m. Mass	Fr. Morin	Fr. Morin	B. Bubon	All trained EMS present please come forward

\*Minister to prepare host/wine and assignments

### Roles in the Mass

We are seeking mass greeters, additional lectors, servers, and Eucharistic Ministers for all our masses To sign up please call Fr. Ted Lawson, C.Ss.R.

### 2017 Mass Book

The Mass intention book for 2017 is open! Masses can be celebrated for persons living or deceased. If you would like to have a Mass celebrated for someone, please come to the Parish Office, 1633 N. Cleveland Ave. The stipend for a Mass intention is \$10, cash or checks only.

# News & Announcements

## Remember in Your Prayers

For Health and Healing:



Herbert Austin, Bernice Baumgarten, James and Nancy Brewer, Kathy Eales, Dolores Garcia, Mary Jones, Mary V. Joyce, Kendra Koepp, Theresa and Paul Kunach, Dan and Tom McGinnis, Paul Robert, Carl, Diane, and Rudy Neubek, Christine Schuman, Rev. Ken Sedlak, C.Ss.R., Marie Sineni, Drew Michael Williams, MaryAnn and Ted Wiszowaty,

Rosalie Zayia

*To place or keep a name on our sick list, please call the rectory every **4 weeks** to let us know that you,*

## Wedding Banns

**III- June 10, 2017**

Ms. Justine Benin  
&  
Mr. Joseph Tanason

**II- June 16, 2017**

Ms. Erin Partridge  
&  
Mr. Kyle Wilson

**II- June 17, 2017**

Ms. Danielle Kancherlapalli  
&  
Mr. Daniel Giannola

**I- June 23, 2017**

Ms. Kimberly Crompton  
&  
Mr. Joshua Temos

**III- June 10, 2017**

Ms. Anna Bianco  
&  
Mr. John Duane



**I- June 23, 2017**

Ms. Aleksandra Prokopeva  
&  
Mr. John Paterson

**I- June 24, 2017**

Ms. Ashley Marros  
&  
Mr. Mike Tehensky III

**II- June 17, 2017**

Ms. Samantha Schulte  
&  
Mr. William Restemayer

**II- June 16, 2017**

Ms. Erin Flynn  
&  
Mr. Tyler Johnson

**I- June 24, 2017**

Ms. Julie Bolamperti  
&  
Mr. Taylor Spaulding

## Yoga of 12 Step Recovery at St. Mikes

The Yoga of 12 Step Recovery (Y12SR) combines the practical tools of a 12 step program with yoga, addressing the physical, mental and spiritual aspects of addiction. Modeled from the meetings of 12-step programs, Y12SR is a group sharing circle coupled with an intentional, themed trauma-informed yoga practice. Y12SR meetings are open for anyone dealing with their own addictive behaviors or affected by those behaviors in others. Y12SR deepens any work participants may be currently doing or jumpstart the journey of self-discovery. Meetings are free, donations optional. Please wear comfortable clothes. More information is available at [www.Y12SR.com](http://www.Y12SR.com) or email Christine Kordiuk, [ckordiuk@st-mikes.org](mailto:ckordiuk@st-mikes.org) or call 312-642-2498, ext. 301. This class will be meeting every other Tuesday from 7:00 p.m. to 8:30 p.m. **with the next classes being held on May 16 and 30 and so on** in the Parish Center, 3<sup>rd</sup> floor. Please enter through the 1711 N. Cleveland Ave

## Parish Life Commission

**Commission Head:**

[information@st-mikes.org](mailto:information@st-mikes.org)

The Parish Life Commission provides a wide variety of programs that enhance the social experience and sense of community for all parishioners of St. Michael in Old Town. Its various activities include: Young Adults group, Docents of St. Michael's (Art and History Tours), Parishioner Welcome Dinner, Gardening Group.

### Church Tours

All are welcome Sundays after the 11:00 a.m. Mass in winter and after the 9:00 a.m. Mass in summer. Please meet by the Giving Kiosk on the east side of the church. Tours for groups can be scheduled by appointment by emailing [tours@st-mikes.org](mailto:tours@st-mikes.org).

**June 4, 11, 18 and 25 at 10 a.m.**

### Mom's Group

Join our welcoming group of new moms monthly at the Parish Center. They meet the first and third Wednesday of the month for a playgroup, snack and craft from 10:00 AM - 12:00 PM. Please contact

## Human Concerns & Needs Commission

**Co-Commission Heads: Barbara Pope**

**Pastor's Representative: Fr. Joe Morin, C.Ss.R.**

[information@st-mikes.org](mailto:information@st-mikes.org)

Monthly Meetings: 2<sup>nd</sup> Wednesday 7:00 pm, Parish Office Conference Room

### Current Projects where your help makes a big difference:

#### Ongoing Collections

- Toiletries for Marquard Center, **non-perishable** food for Catholic Charities, Boxtops for Education and Campbell's labels for Manierre School

#### Food Service

- Marquard Center — Provide a baked good or cook or serve the dinner on the second Saturday of each month. Contact R. Yanku ([marquard.center.volunteers@gmail.com](mailto:marquard.center.volunteers@gmail.com))

Contact Krysten McOsker for the following volunteer opportunities ([krystenmcosker@gmail.com](mailto:krystenmcosker@gmail.com))

- Deborah's Place — Cook and serve dinner on the fourth Wednesday of the month. Contact Krysten McOsker ([krystenmcosker@gmail.com](mailto:krystenmcosker@gmail.com))

#### Tutoring at Manierre School

Volunteers needed for the 2016-2017 school year to work with one or two students in basic Reading and

## Parish Pastoral Council

### 2017 Parish Pastoral Council Members

**CHAIR: Annie Pecoraro**

**VICE-CHAIR:** Alice Huff

**SECRETARY:**

Member-at-large: Joe Tully

Member-at-large: Annie Pecoraro

Member-at-large: Andrea Mularczyk

Member-at-large: Alice Huff

Member-at-large: Jim Theisen

### Commission Representatives

Communications/Special Events:

Spiritual Living: Susan Cass

Human Concerns: Jeanne Sanna

Parish Life:

Worship: Diane Kelley-Thompson

Pastor: Fr. Ted Lawson, C.Ss.R.

Parish Staff Reps: Fr. Joe Morin, C.Ss.R.

## Knights of Columbus

@kofc15571 on Facebook

Knights of Columbus Council 15771 is based at St. Michael's in Old Town parish. We are a relatively

## Finance Council

**Council Chair: Bob Graham**

The Finance Council advises the pastor on the tangible assets of the parish community including financial resources, buildings, and the church's grounds and provides financial oversight for all parish events. The Council consists of parishioners with skills in finance, accounting, legal, construction and architecture.

Membership is by invitation of the pastor, Fr. Ted

# News & Announcements

## Sponsored by the Knights of Columbus

Man: What is a million years like to you?

God: Like one second.

Man: What is a million dollars like to you?

God: Like one penny.

Man: Can I have a penny?

## Trivia Corner!



Which of the Great Lakes lays entirely in the United States of America? Visit the Trivia Night corner in the back of St Michael's church to find out! Trivia Night is June 17<sup>th</sup> at 7:00 PM at St Michael's Parish Center! Teams of up to 6 are allowed with \$10 per person! RSVP for yourself and your teammates at [jcolaianni@st-mikes.org](mailto:jcolaianni@st-mikes.org) or at 312-642-2498 (ext.

## Mom's Group

The Mom's Group will be taking a break for the summer. If anyone is interested in joining or helping lead the group please contact Kristina Mulhall at [kristinamarie25@gmail.com](mailto:kristinamarie25@gmail.com) Enjoy the Summer!



## St. Michael's Religious Education

Registration is open for the 2017-18 Religious Education program! If you have a child entering sixth or seventh grade and you would like them to be confirmed during their eighth grade year (so, "on time"), they *must* be enrolled for the 2017-18 year. Likewise, if your child is entering first grade and you would like them to receive First Holy Communion "on time," they *must* be enrolled this year.



Email Elizabeth Kabacinski ([ekabacinski@st-mikes.org](mailto:ekabacinski@st-mikes.org))

## Looking for Volunteer Catechists

The Religious Education program is looking for volunteers for the 2017-18 program. No experience necessary and we welcome volunteers for as little or as much time as they can offer. Contact Elizabeth Kabacinski

# News & Announcements

## THE SPIRIT OF WELLNESS by Coach Joe Cullen

So Many Benefits.....

**Hello St. Mike's.** Did you have a nice Memorial Day weekend?! Nice weather we had and now that we are into our summer months, and more folks are active and exercising, I always like to take this time to highlight once again, the *many, many* benefits of exercising.



When you review these benefits below, I believe you will be reminded of the very positive impact exercising has and how it will improve the overall quality of your life and those in your family. Remember.... the healthier you are, the more you can help others.

**Resistance/Weight Lifting:** *Increases your strength, burns calories, lose weight, improves your balance, improves joint and muscle flexibility, reduces or prevents osteoporosis, helps arthritis, raises your resting metabolism which burns more body fat as you are sleeping or sitting or walking, tones you up and you look and feel better!!*

**Cardio/Aerobic:** *Decreases your anxiety and depression, improves your sleeping, reduces/normalizes blood pressure, increases your HDL (good) cholesterol, reduces your LDL (bad) cholesterol, lose weight, improves balance, increase heart and lung performance, increase heart volume which enriches your major organs with healthy nutrients, reduces the risk of cancer, heart attacks and stroke. Promotes happiness by the release of relaxation endorphins, and increases self esteem/confidence. You'll live a longer and much healthier life. "God helps those who try to help themselves"*

Well, some of you are thinking, "I just don't have the time". Well, let me ask you, how many hours are there in a week? That's correct, 168 hours. To reach a good fitness level, all you need to devote is just 3 to 4 hours/week out of those 168. Perhaps, 45 minutes, every other day. Yepp, that's all it takes folks! Most of you probably have the time you just need to make it a **priority**. Think about it for a minute. What's more important than being **mentally, physically, and spiritually healthy?** When you improve your health, you are better able to care for yourself, your family and your friends.

**Questions? Or Suggested Future Topics?** You're invited to contact me anytime.

My office number is 773-857-7027 or just try my cell # is 312-972-2828.  
E-mail: [jcullen@CertifiedHealthFitness.com](mailto:jcullen@CertifiedHealthFitness.com).  
Web site: [www.CertifiedHealthFitness.com](http://www.CertifiedHealthFitness.com)

### \*\* TIP OF THE MONTH\*\*

*Lets' all make a special effort to reduce the SUGAR/CARB intake, which causes weight gain and can lead to obesity, and lots of health problems. Read the labels. Grab foods that say, "No Sugar added". Reduce juices, cakes/cookies, breads, bagels, pasta (small portions) & Ice cream. Usually eat 2 hot dogs? OK.... but eat one without the bun.*

## Stillpoint

St. Michael's Spirituality Resource  
Contemplative Prayer Gathering:  
Monday, 7:00 pm  
Parish Rectory, 2nd Floor  
**Director: Fr. Ken Sedlak, C.Ss.R.**  
[kcssr148@gmail.com](mailto:kcssr148@gmail.com), @Kencssr



## INNER VIEWS

### How willing are we to be Catholic?

"Catholic" comes from the Greek word *katholikos* roughly translated "according to the whole." This whole is not a given, something external to us. It flows from human consciousness and attention. The word attention means "to extend or reach out a hand." Imagine extending your hand to reach for the stars: you see the stars, you feel connected to them, and you long to touch them. This is the type of attention or consciousness that marks catholicity.

Catholicity, like consciousness itself, is not static; it is not a fixed ideal. Rather, it is an outflow of human awareness in relation to the surrounding world; it is like a connecting thread between humans and the Universe. It is Jesus, with his arms wide open, reaching out to all people, making sure they know they have a place in God's kingdom. No wonder the earliest followers of Christ took catholic as a description for themselves. So, what are the wholes we're being called to make through our self-conscious acts?

Jesus included everyone in his ministry. Think of all the various people he had meals with. And he went out of his way to invite those who were excluded by the religious culture of his day; sinners, tax collectors, prostitutes, blind and crippled, lepers and ritually impure. But to leave it at this is to exclude the wealthy, and successful, the intentionally religious and righteous. Jesus knew that everybody needs inclusion and love. Everybody needs to feel that they belong and are valued.

According to the scriptures, when we don't feel like we belong, when we feel excluded and rejected, when we feel separated from human compassion and Divine love we are literally living in Gehenna. Hell. This was the rubbish heap in the valley of Hinnam, south of Jerusalem. To live in a garbage dump is to live separated from the family and community. I would bet that we've all felt that way at times in our life. The heartbreak is that hell is not imposed on us as a punishment, it is of our own making.

To return to the question: How willing are we to be

Catholic? I'd reframe it: How willing are we to invite people into our hearts and our communities? This is particularly important to our country and political environment. I've found that something as innocent as catching up with family and friends on Facebook can pull me into a maelstrom of divisiveness. We are pitted against one another and bombarded by contentious opinionating from both sides of the aisle. It is all framed in terms of impending disaster and attack. I wonder if this article would grab more attention if I'd entitled it "In defense of Catholicism."

I notice that I tend to enter a kind of echo chamber when I choose to read any of these pieces. I stick to what I agree with. This is natural to our way of thinking. We all like to enlist like minds in our way of thinking. But even more pertinent is our natural division of topics into good and bad, agree and disagree, right and wrong. Our mind naturally divides reality, or more precisely, our approach to reality. As I mentioned the earliest Christians thought of themselves as Catholic as people who come to a wholeness of consciousness in their faith. But within two centuries the church turned to orthodoxy, right beliefs. This automatically began to exclude those who didn't buy into these beliefs. Instead of the inclusion of Jesus' approach, we excluded those who didn't believe what we wanted them to believe. We had totally reversed Jesus' ministry. And this became more and more pronounced over the intervening years. As you can imagine this is not a very helpful approach to divisions.

Ken Sedlak C.Ss.R., PATHWAYS / STILLPOINT

**@Kencssr** Maybe the first small step to make is to recognize that truth, the reality of what is, is far more

expansive than any one way we can find to describe it. We need one another to fill it out and reflect on

## Looking for a Ministry?

This is your invitation to join the Docents of Saint Michael in Old Town. We have a wonderful tradition of conducting tours to expand everyone's knowledge of our church, the rich history about the founders of our parish and the people who joined it. All training will be provided to fit your schedule. Please join us and train for this worthwhile ministry.

its depths, as well as its horizons. In other words we

## News & Announcements

# Learn it. Grow it. Serve it.

ARCHDIOCESE OF CHICAGO | 

# THEOLOGY ON TAP



Starting in July, the Archdiocese of Chicago will be offering Theology on Tap experiences like never before. From poignant service opportunities to relaxed happy hours with Catholics just like you, you will experience the Holy Spirit in new and exciting ways (with some spirits mixed in). For more information on Theology on Tap events taking place this summer, please visit [www.totchicago.org](http://www.totchicago.org).

We look forward to seeing you there!

## Marquard Center Needs

Every second Saturday of the month, our Human Concerns and Needs Commission prepares and serves a meal at the Marquard Center, a Franciscan outreach soup kitchen at 1645 W Le Moyne St, Chicago, to over 100 homeless persons.

Volunteers from St. Michael's shop, bake cookies or brownies, prepare, cook and serve the meal each month. It takes many volunteers to keep this going and we could use YOU! If you can donate any time for this outreach program, please email [marquard.center.volunteers@gmail.com](mailto:marquard.center.volunteers@gmail.com).

You can sign up for a specific month that fits into your schedule or every month! The Human Concerns Commission appreciates every minute you can spare! Upcoming dates are May 13th, June 10th and July 8th. Save the date

# News & Announcements

## Spiritual Companionship Ministry

Are you:

- on a conscious spiritual journey and ready for deeper discovery?
- looking for greater purpose and meaning in life?
- have questions of the heart or soul you would like to explore?

If so, you are invited to experience the art of Spiritual Companionship.

Spiritual Companionship, also known as Spiritual Direction, is an ancient tradition of discernment and discovery. The purpose of Spiritual Companionship is to nurture the inner life and connection to the Divine within the context of everyday life, inviting a deeper understanding of ourselves. Many people find a greater sense of peace, freedom, and wholeness through this experience.

Spiritual Companions are certified, trained and experienced in the art of deep listening. It is a sacred, safe, non-judgmental and confidential environment. If you are interested in exploring one-to-one companionship, you are invited to contact Juliet Beriou at [jberiou@gmail.com](mailto:jberiou@gmail.com) or Susan Cass at [susanpannicass@gmail.com](mailto:susanpannicass@gmail.com) or [www.sacredsoulfood.com](http://www.sacredsoulfood.com). Susan also offers work-



## Night Vision: A Sacred Dream Group

*"In a dream, in a vision of the night,  
when deep sleep falls upon mortals  
when they slumber in their beds,  
then God opens their ears!" - Job 33:15-16*

Dream work is a spiritual practice that can deepen our understanding of ourselves. Dreams are personal but also collective, so dreams shared contain wisdom for all. *Every dream is an attempt of nature to center us, to relate us back to our innermost being.* You are welcome to join our small group in a sacred, safe space for dream work.

7 PM (on the dot) to 9PM  
Second and Fourth Thursdays  
Parish Hall at St. Michael's, 1st fl.  
No fee; donations for Parish Hall accepted

Contact Susan Cass at [susan@sacredsoulfood.com](mailto:susan@sacredsoulfood.com) for

## Weight Watchers Meeting In the Parish Center!

Weight Watchers Meetings are now at St. Michael's Parish Center (1711 N. Cleveland Ave.) **Meetings are held on Saturdays at 8:30 am beginning May 20th.** Come meet our new team Chris and Jean! Attend a meeting for **FREE** to see how Weight Watchers is Taking it Beyond the Scale! Just stop by or email Melissa for more information to

**weightwatchers**

## Music Ministry

**Pastor's Representative: Fr. Ted Lawson, C.Ss.R.**

Membership to the Schola Cantorum Choir or the Contemporary Choir is open to all high school, college and adult parishioners. The Schola rehearsals take place on Sundays at 10:00 a.m. It is desirable that singers have a fundamental knowledge of music and singing. If you would like to learn more about our choirs please contact Fr. Lawson to schedule a time to visit.

## Spiritual Living Commission

**Commission Head: Susan Cass**  
**Pastor's Representative: Fr. Ken Sedlak, C.Ss.R.**

The Spiritual Living Commission offers programs that nurture living in the presence of God. Catholic in its roots and ecumenical in its outreach, the Commission strives to assist all in their desire for meaning, purpose, and community built on the foundation of God's unconditional love. Ministries include: Rosary group, Religious Education, RCIA, Pathways/Stillpoint, and Bible

## Rosary Prayer Group

*Saint Louis De Montfort writes in The Secret of the Rosary, "Somebody who says his Rosary alone gains the merit of one Rosary, but if he says it together with thirty other people he gains the merit of thirty Rosaries. This is the law of public prayer. How profitable, how advantageous this is!"*

Looking for a way to enrich your spiritual life? Join in praying the Rosary weekly with your fellow parishioners. The group meets on Thursdays at 7:00

## Contemplative Prayer Group

Parish Rectory, 2nd Floor Chapel  
1633 N. Cleveland Ave.  
Monday 7:00 - 7:45 p.m.

Experience the profound impact of silent meditation in a group setting. Each week during Lent, after 20 minutes of meditation, we will explore and discuss one of 8 short lessons from Cynthia Bourgeault's new book, The Heart of Centering Prayer: Non-Dual Christianity. This practice is a wonderful way to deepen your Lenten journey!

Please email Susan Cass at [susanpannicass@gmail.com](mailto:susanpannicass@gmail.com) or Al Krema

# Parish Directory

## Pastor/Rector

Rev. Ted Lawson, C.Ss.R.  
tlawson@st-mikes.org

## Associate Pastors

Rev. Ramon Dompke, C.Ss.R.  
ololramon@yahoo.com

Rev. Joseph Morin, C.Ss.R.  
jjmorin@st-mikes.org

Rev. Ken Sedlak, C.Ss.R.  
kcssr148@gmail.com

## Redemptorists in Residence

Rev. Tom Donaldson, C.Ss.R.  
Rev. Tat Hoang, C.Ss.R.  
Rev. Jim Keena, C.Ss.R.  
Rev. John Phelps, C.Ss.R.  
Rev. Gregory Schmitt, C.Ss.R.

## Parish Coordinator

Patricia Krier  
(312) 642-2498, ext. 215  
pkrier@st-mikes.org

## Administrative Assistant

Barbara Giannoni  
(312) 642-2498, ext. 210  
bgiannoni@st-mikes.org

## Wedding Coordinator/ Parish Center Manager

Christine Kordiuk  
(312) 642-2498 ext. 301  
ckordiuk@st-mikes.org

## Music Ministry

Fr. Ted Lawson, C.Ss.R.  
312-642-2498, ext. 216

## Religious Education Coordinator

Elizabeth Kabacinski  
(312) 642-2498, ext. 303  
ekabacinski@st-mikes.org

## Parish Activities

James Colaianni  
(312) 642-2498, ext. 239  
jcolaianni@st-mikes.org

## Sacristy and Office

John Steigerwald  
(312) 642-2498, ext. 210  
jsteigerwald@st-mikes.org

## Housekeeping

Kendra Koldan  
Victoria Reyes  
Roxana Vieira  
Evalds Zimmers

## Church Tours

tours@st-mikes.org

## Finance Council

Council Chair:

## Parish Pastoral Council

Council Chair: Annie Pecoraro

## Communications and Special Events Commission

Commission Head:

## Spiritual Living Commission

Commission Head: Susan Cass

## Human Concerns and Needs Commission

Co-Commission Head:  
Barbara Pope

## Parish Life Commission

Commission Head:

## Respect Life Commission

Contact Fr. Ted Lawson for information

## Worship Commission

Commission Head:  
Diane Kelley-Thompson

## Stillpoint/Contemplative Prayer

Director: Fr. Ken Sedlak, C.Ss.R.  
kcssr148@gmail.com

## Gala

Diane Kelley-Thompson  
gala@st-mikes.org

For information or to volunteer for any event sponsored by St. Michael's and its commissions you can call the Parish Office at 312-642-2498 or email [information@st-mikes.org](mailto:information@st-mikes.org).

## Social Media Sites - Check us out!

*Facebook:*  
St. Michael's Moms Group  
St. Michael in Old Town  
Oktoberfest 5K Run  
Young Adults of St. Michael in OldTown (Public group)  
St. Michael in Old Town Young Adults

## Websites:

St-mikes.org  
Oktoberfest5krun.org (under construction!)

Breakfast With Santa  
([sites.google.com/site/stmichaelsbws/](https://sites.google.com/site/stmichaelsbws/))  
Spring Fling Gala  
([sites.google.com/site/stmikesgala/](https://sites.google.com/site/stmikesgala/))  
*Twitter:* @StMichaelOT

*Instagram:* St Michael in Old Town

*Pinterest:* St. Michael in Old Town

*St. Michael's App:* St Michael Old

## Mass Schedule

### Mass in the Church

**Saturday:** 5:00 p.m.

**Sunday:** 9:00 a.m.; 11:00 a.m.; 6:00 p.m.

### Mass in the Chapel:

**Monday through Saturday:** 8:00 a.m.

**Monday through Friday:** 12:00 p.m. (Noon)

### Our Mother of Perpetual Help Devotions:

Tuesdays after the 8:00 a.m. and 12:00 p.m. masses.

For all chapel masses please enter through the east door when possible.

## Confessions

### In the Church:

Saturday 4:15 - 4:45 p.m.

**At the Rectory:** When a priest is available or by appointment

## Baptisms

First and third Sundays of each month at 1:00 p.m. **except during Lent.**

Parent preparation sessions are normally held on the second Monday of each month at 7:00 p.m. or the fourth Sunday of the month at 2:00 p.m. Holiday weekends and during the Season of Lent are the exception. To schedule a baptism and/or register for a parent preparation session, please contact the church office at (312) 642-2498 or see our website for information.

## Weddings

**Fridays:** 3:00 p.m.

**Saturdays:** 12:00 and 3:00 p.m.

Other wedding times are possible when mutually agreed upon with the pastor.

Arrangements should be made a minimum of four months in advance of a wedding date. Please contact the church office at (312) 642-2498 and ask to speak with Christine Kordiuk.

## Anointing of the Sick

Please call the church office at (312) 642-2498 if you have a family member or friend who is homebound, in a nursing home, or in the hospital who would like to receive the Anointing of the Sick or other sacraments.

## Rectory Hours

**Monday:** 9:00 a.m. - 7:00 p.m.

**Tuesday - Friday:** 9:00 a.m. - 5:00 p.m.